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# The KRYS CRIME & LIFE SOLUTION for Jamaica

VISION: Envisioning a Crime Free, Innovative and Enjoyable Jamaica.





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#### A good Note about Learning

<u>This is an act of "Sharing Love, Joy and Peace".</u> There is no requirement to agree or disagree with this article. Maybe there is information to help improve your life or the life of someone else. You may read and discuss it several times to let "repetition" enforce your persuasion and confidence. Get a chance to fully analyze and validate the contents from several viewpoints.

Remember that merely "Reading" this article will NOT make you do anything, or make a change in your life, or make your Life better. Like experiencing balancing, <u>You must apply "Purpose"</u> and take Action to BE the Change you want to See. The "Game of Life" is simple and full of Joy!



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## Can God Stop Crime? Is it a Trick?

What if an ant bites you while you are focusing on reading this document? Would you respond with stress or anger and violently try to kill or remove this predator? Definitely!

So, do you realize that there is something in you which <u>uncontrollably</u> "overrides" your focus on this document, to tell you that an ant is biting you and makes you respond to kill the ant while you are still focused on this document? Yes, this is your <u>"instincts"</u>, like a second brain, which manages your feelings and habitual reflexive actions, as part of its biological survival functions.

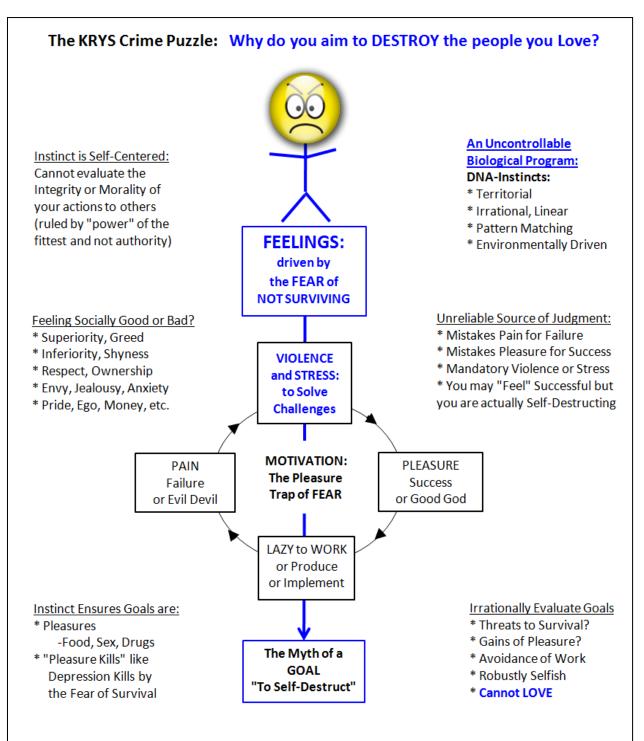
Have you ever observed or caught yourself in the act of doing something? Yes, I have a brain! Have you ever wondered why you have done something that you did not intend to do? Sucks! <u>Have you ever tried to trick yourself into doing something?</u> Yes, as a child! Like faking to cry even though there is no "real" stressful event occurring? Ok! So I trick myself to trick my mom!

So, do you realize that you can use your "reasoning" to manipulate your instincts to create feelings and "fake" the occurrence of a stressful event like fear? Maybe you have been doing this without realizing this distinction of Emotional Intelligence. Yes, sometimes you may trick your instincts and sometimes your instincts may seem to trick you. <u>Are you habitually recycling in this "Trap" of tricks on yourself?</u> To improve your relations, Emotional intelligence reveals the errors and values of combining "feelings" with listening, reasoning, speaking and acting.

The part of you that is reading this document is called your conscious mind. If you are able to distinguish this feature then you have realized your "consciousness" and can begin to develop how to effectively use it as proposed later. <u>There is no stress, anger, violence or fear in your consciousness</u>. Here you manipulate your thoughts within the framework of the spiritual virtues to resolve challenges and create meaningful purpose to empower the wellbeing of humanity.

So your instincts and feelings selfishly manages your biological survival and jumpstarts your consciousness which enables "you" to rationally design and live in the world through its design.





## The Pleasure Trap of FEAR is Mental Slavery -Bob Marley

When you emphasize good or bad "Feelings" on social maters (like money or respect) your DNA-Program then takes full control to defend threats and secure gains, as if they are critical to Survival. Your body then recycles in The Pleasure Trap of FEAR out of your Control until the Feelings are dropped. In this Trap of delusions, the Devil's magical Pain (like hunger) "motivates" you to seek God's magical Pleasures (like food). Violence or Stress is then used to magically destroy challenges after which you recycle back to your state of Laziness and await your next motivation of Pain. Please apologize to people who were affected.



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## The KRYS Crime Puzzle Overview

The Crime Puzzle: What would you do if someone hurt your feelings? Seek to Attack? Is your Survival threatened? Is this the Right response? Why do people "uncontrollably" do the wrong thing, even though they "consciously" know the right thing to do? Like why do you aim to "destroy" the people you claim to love, for working against your "feelings"?

The truth is, Crime, Violence, Depression, Stress and Poverty are <u>mandatory</u> (and not random) due to an abuse, misuse or overuse of the human DNA Instincts or "Feelings" and a lack of a Humanitarian Purpose for Life. Yes your fight and flight instincts generate violence and stress.

Instead of rationally thinking, Jamaicans often overuse <u>good or bad "feelings"</u> to listen, reason, share conversations, make decisions, foster relationships, worship God, evaluate problems and achieve their social goals. Like alcohol abuse, this overuse of good or bad "feelings" concerning money, education, ownership, trust, religion, family, business, government and so on results in rather unnecessary but mandatory discontent, stress, depression, violence, crime and poverty.

<u>Science has revealed that</u> the use of instincts and feelings ultimately relates to critical matters of a person's <u>biological Survival</u>. So, it does not matter how bright, conscientious, alert, lucky, or "godly" you are; whenever your instincts and feelings are emphasized your brain "overrides" other forms of logically thinking to robustly <u>destroy</u> "perceived" threats (i.e. pain or things disliked) and secure "perceived" gains (i.e. pleasure or things liked) for Survival. This critical brain override feature explains why people "uncontrollably" do the wrong thing, even though they "consciously" know the right thing to do. Yes, it is a natural biological survival feature, not a ghost, evil forces or the devil, or a lack of god, wisdom or luck as it may otherwise seem.

When you emphasize good or bad feelings like pride, greed, respect, ownership, shyness, etc. about social goals, the body then uses the DNA-Program to "uncontrollably" execute these goals until the feelings are dropped. This biological program converts emphasized feelings to the Fear of your body Not Surviving, also called the Fear of Survival. But the challenges of life are mandatory. So, like a "social cannibal" hunting for preys, you seek to destroy fellow humans



"assumed" to be the challenges to your social goals even though there is <u>no real threat to your</u> <u>survival</u>. This misuse of feelings recycles you through a delusion called The Pleasure Trap of FEAR where you may "feel" very successful though you are actually self-destructing. In this Trap of delusions, the Devil's magical Pain (like hunger) "motivates" you to seek God's magical Pleasures (like food). Violence or stress is then used to magically destroy challenges after which you recycle back to your state of Laziness and await the Devil's next motivation of Pain. Albeit, achieving your social goals in a modern society require Love, intelligence and work not "magic"!

Essentially, societies are groups of humans "sharing" their specialized innovations of goods and services through the processes of trade and charity. Therefore "social" goals are all about sharing, fellowshipping and contributing in a society. However, the Self-centered formula of instincts and feelings cannot be used to create sustainable societies, hence the basis for a non-biological, rational and Spiritual formula to foster sharing among humans. The Servant-centered formula of Love uses "empathy" to spiritually see yourself in others, in order to use your self-centered physical body to serve or lead them with integrity to attain their social goals as if they are yours. Yes the call for a Humanitarian Purpose for life aims to create life-designed societies.

In Jude 1 and 2-Peter 2 (NIV), the Bible declares that people who follow mere natural Instincts do not have the Spirit and blasphemes by slandering whatever things they do not understand by instincts. Yet, the very things (like pleasures) that they do understand by instincts will destroy them. They are like unreasoning and irrational animals, born only to be caught and destroyed like animals perish. Example, birth is an instinctual process, so it is not possible to love your "family" based on your instinctual birth or vice versa. Instinctually, your "caring" mother, father, spouse, friend or child will destroy you as a threat to gain pleasure and vice versa. Hence, you can only love your family as human beings, like your neighbors. Although promoted otherwise, it is suicidal and destructive to express Love essentially via your feelings which mandatorily seek to destroy any counter-party "perceived" as a threat to gain pleasure. Does this explain why rape, cheating, infidelity, murders, and so on are mandatorily done without guilt? Conversely, Love is designed to "bond" and not destroy. Also, the persistent hypocrisy and flip-flop in feelings is driven by the influences and addictions of environments

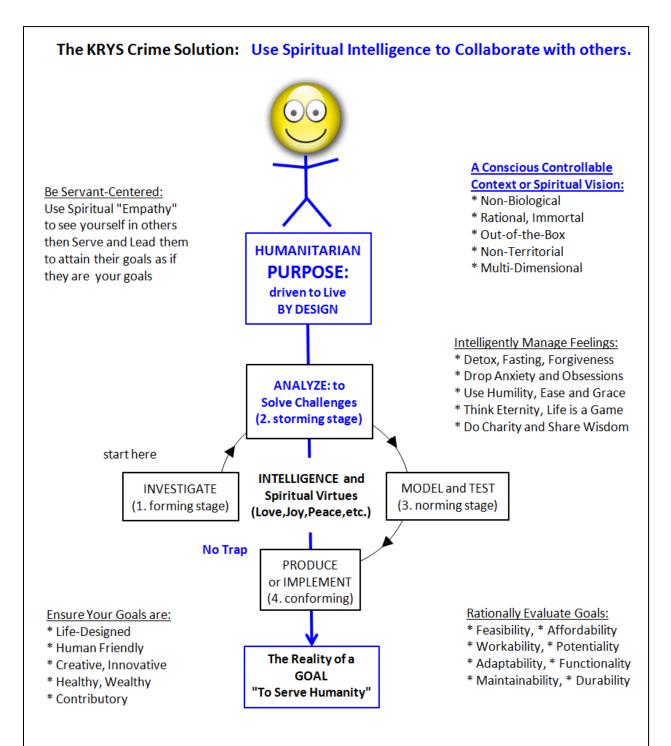


often out of your control. So Love requires a humanitarian life-purpose which uses integrity to bond human relationships and demote the destructive rule of feelings.

#### When instincts and feelings control your Social Life and Goals the following applies:

a) You lose "conscious" control, even though your conscious mind is observing your actions b) The Instincts Formula mistakenly runs your Social Life as opposed to Rationally Thinking Socially, you are delusional and obsessed about "Survival", hence Self-Centered and Selfish c) d) You promote bad, sad and fearful news to legitimize your delusional obsession re Survival e) Like Instincts, socially you lack Love, empathy, remorse, guilt and moral integrity Stress and Violence are mandatorily and uncontrollably used to resolved Challenges f) Like Instincts, you pass judgments based on "assumption" rather than investigation g) h) Like Instincts, you respect the more "powerful" and disrespect those who are "weaker" You make decisions based on your invented "likes or dislikes" of pleasure and pain i) You use "rewards or punishments" to divide and conquer consent or support from others j) k) You become territorial and avoid trying new ideas since "new" seems like pain or death Any form of pleasure like food, sex or drugs will mistakenly make you feel successful 1) m) Like Instincts, you become Lazy when pleasure is gained as the body then assumes rest As satisfaction declines about your "pleasure" you begin to treat your "pain" as pleasure n) o) Like Instincts, you fill your belly and emotions and avoid being creative and innovative p) Like Instincts, socially you think that pleasure is the "magical" blessing from a good God q) Like Instincts, socially you think that pain is the "magical" curse from an evil Devil r) Challenges make you think there is a battle between the good God and the evil Devil s) Like Instincts, you blame other people for causing your mandatory challenges of life Socially, you do not strive for work or health since God's forces will "magically" provide t) u) Like Instincts, you think you are very successful when you are actually self-destructing v) You soon realize that Pleasure Kills like Depression Kills all by the Pleasure Trap of Fear w) You RESIST HELP since you are DYING to fulfill the BIBLE – Mental Slavery (Bob Marley) x) Socially, you FAIL to LIVE your deserved Life in God's Kingdom on Earth as it is in Heaven Socially, you FAIL to Create Wealth and Wisdom in order to Share with other people y) Socially, you FAIL to Stop using Negative Past Experiences to Destroy your great Future z)





#### The Awesomeness and Magnificence of Humanity!

Invent a Humanitarian "Purpose" for your whole life to empower fellow humans and inspire them to do likewise for others. Drop emphasizing the "Feelings" of discrimination about social classifications. This will demote the use of Instincts and "Feelings" to resolve the challenges of life. Now Humans can bond with Integrity to orchestrate "The Immortal and Eternal Life of Humanity" by using Intelligence and Spiritual Virtues to Eternally navigate and evolve amidst the foreseeable and welcomed "Challenges of Life" and shape a Global Society characterized by "Innovation and Sharing" within God's Design of Reality & Eternity.



Can you see the turmoil of societies "regulated" by the Laws of Government, Religion and Business to emphasize instincts and feelings?

## The KRYS Crime & Life Solution Overview

The KRYS Solution: Invent a Humanitarian Purpose to live by design and awaken the full potential in fellow humans and inspire them to also invent this Purpose for their lives towards others. Promote <u>social Equality</u>, and drop the emphasized feelings of discrimination and the stress of faking or acting "multiple" conflicting personas for the social classifications of life. Replace them with "one" genuine humanitarian persona to empower the wellbeing of fellow humans across all areas of life including work, play, education, religion, leisure or family life. Live with humility, mercy and grace. Use <u>"Empathy" to spiritually see yourself in others</u>, then serve and lead them to their goals with integrity, as if they are your goals. This demotes the emphasis on instincts and feelings to resolve the challenges of life and consequently remove the need for mandatory discontent, stress, depression, violence, crime and low productivity.

Now stop using instinctual "likes and dislikes" or "rewards and punishments" to divide and conquer the consent and viewpoints of others. Instead, Purpose uses <u>spiritual virtues (love, joy, peace, etc.) and intelligence to rationally THINK and contextually assess factors</u> like feasible, affordable, durable, functional, potential, adaptable, maintainable and workable to empower the wellbeing of humanity. Yes, you need to know "why you do what you do" in order to Design "what you want to do" in your life of social goals. So, stop using instinctual "assumptions" to judge uncertainty. Instead, Rational THINKING uses <u>investigation, analysis, prototype modeling, testing and wisdom to produce a life-designed resolution</u> to challenges. That is, without being hijacked by feelings, instinctual addictions or the Fear of Survival. This, results in freedom and fearless creativity, innovation, wealth, wellness and fellowship with others for the shared Joy.

You may mock and ignore this call, or agree but remain uncommitted. Yet, do not fall asleep at the wheel only to "self-destruct". Instead, boldly resolve to live by this Humanitarian Purpose. Ensure to tell a friend or an enemy and save someone's life by being a Humanitarian each day!



#### **Questions and Answers – Feelings versus Purpose**

This section provides greater insights into the socio and economic benefits of diverting and investing resources towards the proposed Humanitarian Purpose to optimally or effectively live within life's design. Otherwise it is an epistemic and a psychological defect to think the world has an "imagination" to react to us contrary to its design principles. Hence, on one hand there is the psychological delusion of socially living via the DNA Formula of instincts and feelings versus using Rationally Thinking to virtuously resolve the challenges of running a human society. On the other hand, there is the practical implementation of Rational Thinking to enable individuals to innovate life-designed products and solutions to serve their society. Practically, the act of sharing requires individuals to first create products or solutions to be exchanged. Then proceed to negotiate with fellow humans to garner mutual consent as opposed to using brute force to facilitate the exchange of products and solutions among sharing participants.

Additionally, the roles of religion, business and government essentially seek to provide governance over the creation and distribution of innovations. Religion seeks to rationalize people's feelings, business seeks to rationalize economics and government seeks to rationalize power. Maybe the interest of the society is better served if these institutions "formally" provide consensus, audit and control over each other in order to provide a rational form of governance.

History has provided enough evidence to indicate that religion, business or government cannot independently build sustainable human societies. Individually they have all fallen to corruption, facilitated terrorism and socio-economic disintegration. However, they present diverse viewpoints of importance to the fundamentals of building sustainable human societies. Hence the call to formalize their roles and contributions within a society.

#### 1. Role of the Security Forces

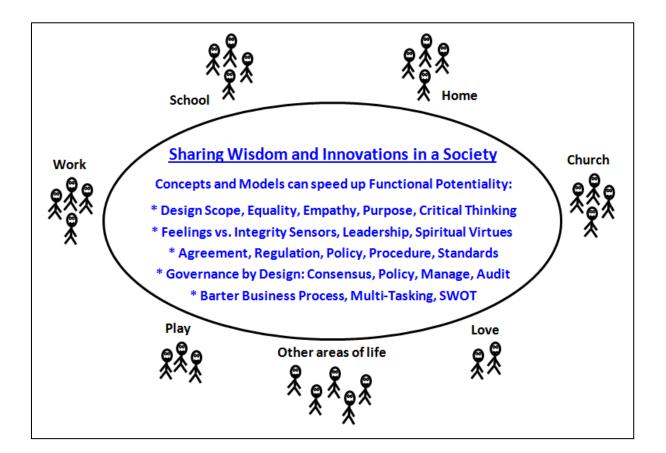
#### Question: How will the proposed Purpose help the Security Forces?

Answer: As opposed to using violence to resolve crime, the proposed Humanitarian Purpose is a non-lethal and non-fear driven approach to resolve deep-rooted social conflicts and



garner social cohesion. That is, within homes, families and communities, as well as among local, regional and international stakeholders. Any intent to use rational thinking to become irresolute or create problems will void the fundamental principles of rational thinking itself, and hence cannot be regarded as rational thinking.

Yes, the essence of rational thinking negotiates consensus to contextually correlate, analyze and resolve ideas, facts, opinions, viewpoints, information and beliefs. Hence rational thinking is agile, action-oriented and servant-centered as opposed to unconcerned, passive and self-centered. Rational thinking empathically invents and creates products or solutions, then negotiates mutual consent to exchange and share among participants. Socially, if you are not rationally thinking to innovate and share, then automatically you are uncontrollably run by the DNA formula of instincts and feelings to selfishly self-destruct. That is, your socially dysfunctional habits produce stress that leads to mental and physical disintegration.





The proposed Humanitarian Purpose may be used to resolve social challenges, mitigate corruption, magnetize trust and enforce integrity among the people within a society including members of government, business and religion. Ultimately, this non-lethal approach to resolving social conflicts and building trust maybe taught to families, organizations and communities by members of the Security Forces, government, business and religion. Yes the proposed Purpose may be used to initiate various "rational thinking" projects, services and ventures as part of the Crime Prevention, Community Safety and Community Renewal Programmes.

## 2. The Purpose of Feelings

#### Question: How does Feelings work?

Answer: Feelings are vital sensory signals used by your biological Instincts to aid the survival of your body. They are used to sense or read environmental signals which are subsequently analyzed by your instincts. In the process of securing survival, Feelings are also used to compel reflexive and habitual actions like hunting, eating, mating, fear mediation, anger, shame, migration and cleanliness. Example, when faced with a predator or fearful situation, your Feelings communicate with your Flight and Fighter instincts to decide whether to run away or attack depending on fitness, size, available exits, and so on.

Instincts and feelings automatically deal with Biological Survival without you needing to think much. Example, you automatically feel sleepy when your body need to rest or you may feel hungry when you need food. Your biology of Instincts and feelings contributes to your ability to rationally think via the "conscious" mind. <u>So you are a "feeling" creature who can think, as opposed to a "thinking" creature who can feel.</u> Hence instincts and feelings provide the support for consciousness and a DNA formula to jumpstart the process of rational thinking. However, rather than rationally thinking about sharing social innovations, you often give up the "conscious" mind to reuse the rather primitive formula used by your



Instincts. This unfortunately results in a dilemma of delusions and incompatible social behaviors especially when resolving challenges.

Re Emotional Intelligence: Instincts are always on the lookout to find a framework like "Purpose" in which to function and habituate. Hence at every opportunity it tries to develop habits and addictions. We are often fooled by instinctual features which have wonderfully jumpstarted us and await for the conscious mind to takeover. The Root Instincts fools our judgment to make us "feel" bounded to our parents and "past" experiences. Hence we live the present and future bounded to repeat rather than break the Root of abusive, mistakes and fears of the "Past". Pleasure kills like depression kills when we are fooled by Instincts. The Fighter Instincts fools our conscious judgment not to make peace. Listen! Stop being "fooled" by instincts like children! Grow up socially! Use your conscious mind to invent a Purpose with experiences of spiritual virtues and rational thinking to concretely rewire your brain's plasticity away from the DNA formula. Like practicing sense makes perfect sense.

#### 3. Stress, Violence and Crime Reduction

#### Question: How will the proposed Purpose reduce Stress, Violence and Crime?

Answer: Educating people to manage their instincts and feelings will consequently reduce the use of Fear, Stress, Violence and Crime about social matters. Yes, when you learn how your biology works then you can "consciously" think and make the RIGHT decisions. Basically, you need to control when, where and how you trigger your Instincts and Feelings especially since you will no longer be in control of the results. This may not be as simple as it sounds, especially if you have been otherwise socialized or lack a mitigating strategy.

<u>One major challenge in humans is the evaluation of "self", to recognize and admit a mistake</u> <u>while making this mistake or just after its completion.</u> Why? The execution of an action often occurs unconsciously and independent of your thinking. Also, every action is seen as a biological pursuit of pleasure to boost survival, and a spiritual pursuit of meaning to boost joy. So when you recognize a "mistake" it negates meaningfulness which spiritually



translates to joylessness and sadness. Biologically, a mistake is treated like a predator and hence resolved with stress, shame, deception and violence which blocks admitting your mistake. So drop the negative feelings about mistakes in order to admit your mistakes.

So, is it possible for you to recognize a problem in your blind-spot or rearview? And, is it normal to provide a solution to a problem that is not obvious? Nevertheless, you can use the reflection of a mirror to see a problem in your blind-spot or rearview. Therefore, you can use "empathy" to learn from the reflections and experiences of others to analyze the foreseeable problem of not managing your instincts and feelings. <u>Then you can proactively provide a preemptive solution aimed at preventing or mitigating this challenge.</u>

Example, consider and provide for the level of uncertainty and imperfection in reality. Embrace integrity and setup some "fault mitigation" sensors and strategies to balance your social life and goals. Be prepared to <u>listen with humility, reason with humility and act with humility</u>, equality, mercy and grace to forgive the mistakes of fellow humans as you would wish them to forgive your mistakes. Humans are creatures of habits; so inspire, regulate and resolve your feelings, habits and environments with rational thinking and spiritual virtues. Otherwise, you are like a delusional monster and a primitive beast when you irresponsibly leave your social life and goals to the onslaught of the incompetent formula of instincts.

You may consider that Life can be dived into two main segments: biological survival and the sharing of social innovations. Sharing social innovations is a non-biological or spiritual servant-centered act, which uses "conscious" thinking or intelligence to manage how your self-centered biological body works on behalf of others to boost their integrity. A society is about solving challenges relating to the sharing of innovations among fellow humans. It is really no fault of anyone why challenges are mandatory. Hence, the proposed Humanitarian Purpose takes every challenge as an opportunity to develop and perfect the use of intelligence as opposed to using instinctual fear and violence. It is like playing a game where



players investigate, analyze, test and resolve challenges for the shared Joy. Hence demoting the use of Fear, Stress, Violence or Crime to resolve social challenges!

## 4. PsychoFeel or Socially Emphasized Feelings

Question: What is PsychoFeel or the challenge with Socially Emphasized Feelings?

Answer: Socially Emphasized Feelings trigger people to "uncontrollably" do the wrong thing as if it is critical to their survival. That is, even though they "consciously" know the right thing to do and that there is no real threat to their survival. PsychoFeel! Example, <u>Can you</u> <u>stop your body from "feeling" the bite of an ant?</u> No. This means that your brain has "uncontrollably" bypassed your "conscious" mind to process this feeling of an ant bite. So, in the same manner when feelings are emphasized about social goals your brain "uncontrollably" goes to work thinking that it relates to biological survival issues like food, sex or the threat of predators. It has no clue about the "social goals" of sharing, trading, money, business, religion or government which has to be learnt via the conscious mind.

A biting ant is a biological predator; hence you will aim to destroy it. Likewise social challenges are treated like ant bites by the instincts and hence resolved via stress and violence. So, the culture of Socially Emphasizing Feelings may overuse and distress the biological system with survival "false alarms". Additionally, people are unable to design their social goals and resolve social challenges without stress and violence. Like social cannibals, this culture enrolls people to use social classifications to discriminate and rival among themselves to the death, only to fill their bellies and emotions. Therefore, instead of "innovating to resolve" challenges people are overusing food, sex and drugs as "delusions to dodge" the challenges of life. Hence instead of "sharing innovations to live" people are mistakenly "rivaling to the death" over scarce innovations and the addictions of pleasure.

Often you use your "feelings" or emotions to judge the right and wrong or morality of your actions. But what level of reliability, workability, consistency and transparency do your feelings afford you "socially"? Does it have infinite wisdom? No! So you must check the



integrity of your feelings compass frequently. When you wake up after a bad dream your feelings or emotions can be "unknowingly" in a state of shock maybe for days. Hence your judgments can be unknowingly skewed with errors. Also, if you are intoxicated with food, sex or drugs then you can "feel" very successful but maybe you are self-destructing in reality. Conversely, if you are fasting or detoxifying from food, sex or drugs then you can "feel" very bad but maybe you are improving your wellbeing in reality. Think: What measure of feelings can "reliably" tell you when you are actually intoxicated with food, sex or drugs?

Reality Check: The emphasized feelings of <u>discrimination about social wants</u>, needs and <u>classifications</u> slaughtered up to 1,000,000 Tutsis over 100 days during April to July 1994 in Rwanda, East Africa. And have criminally killed up to 1,680 Jamaicans annually from 1995 to 2013. Yes, in the beautiful little island of Jamaica crime kills up to 140 persons monthly.

#### 5. Love and Fear becomes Concrete

#### Question: If Feelings cannot Love, then what makes Love concrete?

Answer: Yes, social Fear inadvertently uses feelings to become concrete as the Fear of biological Survival which is self-centered and opposite to social Love. However, Love is made concrete as a non-instinctual commitment to share social innovations and purposedriven wisdom via spiritual empathy. Since instincts can only relate to pleasure, it cannot reason that "joy" is concretely the formula or intelligence of inventing a pleasure machine. Also "faith" is concretely the testing of the formula and proof that it works with integrity. And as opposed to instinctual assumption and blind optimism, "hope" is concretely the potentiality of using the formula in the machine to provide pleasure based on future demands. So "love" concretely uses integrity to innovate, share wisdom and secure survival.

Debatably, "Immortal" life maybe concrete if you consider that the intelligence in the formula of joy is immortal and multi-dimensional. Hence it is able to transform your dimension of "consciousness" to an out of body experience. Like having a vision or dream in which your "consciousness" is separated in an entity to externally observe your physical



body. Several persons have claimed having these moments especially in near to death experiences.

#### 6. The DNA Formula cannot Run a Society

Question: Why is the Formula used by Instincts not suitable for building a Society?

Answer: Instincts learn via the natural selection process or trial and error. It cannot rationally reason at the "design" level to evaluate "why you do what you do" in order to design "what you want to do" in your social goals of innovation and sharing. Instinct essentially uses crisis management as opposed to proactively forecasting, planning and managing at the design level. So, the formula used by Instincts cannot build your social goals of education, relationships, money, sports, business, government or religion.

Instincts essentially run on the principle of dualism as opposed to polymorphism or metamorphism. Dualism is exemplified with concepts like "for and against", "rewards and punishments", "right and wrong", "divide and conquer", "likes and dislikes", or "black and white". On the other hand Polymorphism is exemplified by using red, blue and green to form the seven basic colors of the rainbow; and then combining them to create a new array of colors, new possibilities and potentiality. Metamorphism combines this polymorphic array of colors with other dimensions and objects in life to create a ubiquitous, encompassing and unmatched beauty. While dualism focuses in the dimension of "results", polymorphism focuses in the dimensions of "design and process" to optimize results.

The development of human societies requires "functional potentiality", which is the ability to readily innovate the level of flexibility and functionality needed to navigate, maneuver, adapt and evolve amidst the persistent challenges of life. Instinct is like a baby caterpillar having a linear expectation to become an adult caterpillar, and not knowing the formula of metamorphosis to be transformed into the wonder of a butterfly. Like why would you socially emphasize feelings about money if you have the formula to innovate your own



money machine? While instincts relate to money as "pleasure", it cannot reason to distinguish that "joy" is the formula of innovating a money machine.

## 7. Motivation is the Pleasure Trap of Fear

Question: Is Motivation related to Feelings and hence the Pleasure Trap of Fear?

Answer: Yes. Motivation inadvertently uses emphasized feelings to drive people to execute their social goals and hence part of the Pleasure Trap of Fear. Whenever feelings are socially emphasized the biological motivational system takes over control. So, your social goals are treated like pain as in hunger, heat (mating) or fear which is used to initiate the hunt for pleasure like food, sex or safety respectively.

Energy conservation is used to apply efficiency in the hunt to fulfill these needs of pleasure; after which declining satisfaction, digestion, rest, and laziness takes effect until the next outburst or "power" of motivational pain. Arguably, Maslow's Hierarchy of Needs explores different levels of human fear and satisfaction within the realm of socially emphasized feelings. However, the proposed Humanitarian Purpose is initiated by the mandatory challenges of life and the pursuits of "functional potentiality". The genius in Purpose calls into being a culture of intelligence that brings the fire to act, dynamism to evolve, measurability to ensure balancing and Love to secure the equity and integrity of the goal. Purpose uses challenges to achieve a goal in a directed manner effective to its design scope.

#### 8. Making Choices or Decisions

#### Question: How are Choices and Decisions made with Instincts versus with Purpose?

Answer: Instincts and feelings always choose to "reject" based on loss, pain or fear and choose to "select" based on pleasure or gain. The inherent mode of selfishness rejects the need to garner consensus with others. Hence those who disagree expect to get or give punishments and those who agree expect to get or give rewards. However the proposed Humanitarian Purpose embraces consensus and considers that all things are good to be used where they are most appropriate within a design scope. So if you are designing a goal



like making a house, then the proposed Humanitarian Purpose chooses the blocks that are most "appropriate" for the structural dynamics that is required. However, Instincts and feelings choose blocks after you have invented "likes and dislikes".

Instincts and feelings use the dualistic motivational system of pain and pleasure, reward and punishment or divide and conquer to make choices and decisions. Biologically, pain and predators are feared and avoided so this converts to people mandatorily inventing fear, hate and negativity to an object or act in order not to "select" it. But this only occurs when there is an alternative object or act to which they can invent pleasure. Otherwise it does not matter in dualism and hence the myth. Furthermore, when satisfaction for this pleasure declines, then the feared object or act may "recycle" within the dualistic motivational system to become reconsidered as pleasure and hence selected. So your invented likes and dislikes will recycle relative to your levels of declining satisfaction. Is this delusional?

#### 9. The When, Where and How of Feelings

#### Question: When, where and how should someone use or demote Feelings?

Answer: Feelings should essentially be left for natural biological functions like eating, mating, and fear mediation, and not emphasized for social goals. Example, when you look "sad" it should mean that maybe you are hungry or fearful for being chased by a predator. Otherwise you should look moderately "happy" since there is no threat to your biological survival. Yes, leave your feeling at your biology without emphasizing it socially. So, social challenges like failure in a college examination should not radically affect your feelings, but should be an indication to improve your intelligence and formula to succeed.

Therefore use "intelligence" to manage and resolve the challenges with your feelings. Try to inspire, educate and regulate your environment not to harbor feelings and instead practice forgiveness. Investigate your past and drop anxieties and obsessions about social issues and live with humility, ease and grace. Try fasting periodically to detoxify and relieve habits or addictions. Also, if you do not wish to be in the modern society of innovations and sharing,



you should have the right to consider living in the wild jungle, rivaling like "cavemen" in a no man's land.

## 10. The Myth of the Pleasure Trap of Fear

#### Question: Why is the Pleasure Trap of FEAR a delusion or myth?

Answer: In the Pleasure Trap of Fear you are deluded to believe that your "conscious" mind is being unruly like committing a sin. However, in reality you are being uncontrollably fooled by your instincts. Would you not attempt to solve your uncontrollable stress, anger and violence about social goals which are not even threatening your survival? Would you not wonder why you have lost "conscious" control? Is it a ghost or a lack of wisdom or luck?

One resolve is to personify this unknown phenomenon to be the magical forces of a bad or evil "Devil". Consequently, this enforces Morality via the principle of Dualism in which the magical forces of a good God are used to overpower the bad or evil of the Devil. However, since you are uncontrollably recycling through the biological motivational system between pain and pleasure it deludes you to think that there is a grand war between the forces of good and evil. This myth often escalates to one country seeing another as the forces of evil and consequently invents the right to start a holy war or crusade, which is the same evil. Hence, can you imagine the disasters caused by this myth disrupting relationships, marriages, homes, families, organizations, communities and societies?

## 11. Positive Psychology and Positive Thinking

#### Question: Is the proposed Purpose like Positive Psychology or Positive Thinking?

Answer: No. Not really. Positive Psychology or Positive Thinking is not an attempt to demote the use of feelings with regard to social goals, but rather an attempt to emphasize "positive feelings" over "negative feelings". The proposed Humanitarian Purpose uses somewhat a constructive or positive intelligence to resolve challenges in a life-designed manner. This use of intelligence is guided by the vision to awaken the full potential in fellow humans to empower the wellbeing of humanity. However, the great results of Positive Psychology or



Positive Thinking is an indication of the direction and potential of the proposed Humanitarian Purpose.

#### 12. Christians becoming Humanitarians

Question: Will the proposed Purpose embrace Christians becoming Humanitarians?

Answer: Yes. Christians becoming Humanitarians is consistent with Biblical principles. In Genesis 1 (NIV), the Bible declares that God has initiated Humanitarianism by making all humans equally in His own image. And God commands to love thy neighbors. God is already seated in the design of man especially within the conscious mind. Hence the use of the term "conscience" promotes the act of rationally thinking and equitably directing the physical body to respond to the challenges of life. So while instincts and feelings maintain biological integrity; the conscious mind and rational thinking maintain spiritual and social integrity.

In Romans 8 (NIV), the Bible declares that nothing past, present or future can separate us from the Love of God; and in all things God works for the good of those who love Him and have been called according to His purpose. God's unbiased Love for all humanity is endless. This claim of eternal love and security confirms the wisdom of God's rule on earth as it is in heaven. Hence, there is no need to contemplate or contend with ideas of negativity, bad or evil. One can only pray, think and work with God for the good in all the challenges of life.

Therefore Christians may abandon the delusion of social stress, violence and crime. Remove fear-driven concepts of the Devil, bad, evil and negative forces. <u>Embrace the fact that God is the one rearranging the challenges of life to maintain integrity</u>. Yes God is the one to blame, praise or thank for the challenges of life. In Job 1 (NIV), the Bible declares that God is the one who rearranged the challenges for Job's sufferings and wealth. And in Matthew 26 (NIV), Jesus prayed for God to remove His cup of challenges. But God did not! Hence, Jesus had the opportunity to fulfill His Humanitarian Purpose to be the change of Salvation for all of humanity. Now, each person can pay tribute to God without the use of animal sacrifices.



How does God rearrange the challenges of life? To maintain the "integrity" and love which makes the universe work, God has pre-designed universal "consequences" that must result from any possible goal or action. <u>At no point can anyone claim to gain, lose or have more or less of God.</u> There is no favorite, motivation, reward or punishment given to anyone for so-called good, lucky, godly, bad, evil or godless actions or goals. Each person's goal or action enrolls its consequences. Example, if you are being attacked by a dog it may seem the dog hates you. However dogs operate by instincts like robots, hence dogs cannot hate in reality. The attack is a consequence of your action somehow triggering its instincts. Fear, laziness, courage and work all have consequences. Giving the dog food may enroll its instincts to eat rather than attack. The proposed Humanitarianism resolves that you seek guidance, pursue the goals and take the actions necessary to enroll the consequences that are life-designed.

Maybe the extensive number of churches in Jamaica is an effort to mitigate stress, violence and crime. Unfortunately, the rise of churches has been counteracted with both an increase in crime and gun related crime being committed at the altar of the church. Not to mention churches have to employ security guards to protect their valuables, equipments, properties, members and visitors. It is easy to observe that some of the offenders in criminal activities are protected and their proceeds are distributed among friends and families of Christian origins. Do people expect God to save them from the "consequences" of crime while they hide, ignore or indulge in criminal activities? Is this a religious hypocrisy or a stalemate?

Hence the solution to the problem of stress, violence and crime may include but must go beyond the ideologies of religion, business and government. However, any solution to this problem should also aim at sanitizing and strengthening these ideologies to deliver their true worth to the society. Yes, let us eradicate stress, violence and crime in order to realize the true underlining benefits and goals of these ideologies to the society. The proposed Humanitarian Purpose resolves that the root of the problem is infected with psychologically unmanaged "feelings", which impedes one's ability to rationally think and deludes the task of concretizing these ideologies and related institutions to fully embrace rational thinking.



## 13. Jamaica Sets the World Standard

Question: What factors seek to ensure that the proposed Purpose will work for Jamaica? Answer: Jamaica stands to make a significant contribution to the world through the resolution of its deep-rooted social conflicts, lack of social cohesion and socio-economic stalemate. The country's motto of "out of many one people" is often one of the latent and forgotten symbols of unity. Jamaica's multi-ethnic society is often segregated by multiple social classes based on race, skin color, sex, education, money, wealth, religion, political affiliation, domicile and cultural popularity among others. These social classes form the basis for territorial rivalry over ill-fated pleasures and among people who are considered to be equal human beings. Can you imagine the stress of faking multiple personalities and hypocrisy that the average Jamaican contends with in order to role-play within their multiclass society? That is, humans rivaling to socially disenfranchise their fellow humans from the opportunities, innovations, wisdom and benefits of participating in a common society.

The scale of violence and stigma of cross-socioeconomic marriages are often used as indications of the lack of social cohesion. Example, a person of a superior class is tabooed for marrying a person of an inferior class. The level of economic instability essentially stems from a lack of globally competitive skills, productivity and earnings among the Jamaican people and business organizations. The mode of crime and violence points to a lack of social maturity and training to think and virtuously resolve conflicts without the use of violence. These failures in social integration, economic stability and conflict resolution points to the lack of social mobility and ineffective strategies of governance enforced by religion, business and government. The trends of begging and borrowing money to finance community programmes indicates that the depth of Jamaica's challenges outwits the collaborating strategies of local, regional and international stakeholders. Hence, it will ultimately depend on ordinary Jamaicans who are united with a life of Purpose to joyfully work against the odds, through thick and thin to achieve their life goals.



Although it seems like midnight, the Jamaican people can realize a "lightening bolt" of achievement and set a standard for other countries to follow through the effective resolution of crime, violence and socio-economic challenges. Yes a legendary achievement similar to that of Bob Marley, Usain Bolt and Barack Obama among others. If we take the premise that the Jamaican people are equal to other humans across the world, then there are some fundamental flaws in the orchestration of the strategies and policies of religion, business and government among local, regional and international stakeholders. Though the challenges confronting Jamaica are of a high degree of severity, they are equivalent in types to the challenges faced by several developed and developing nations across the world.

The ideologies of religion, business and government are not inborn within the human DNA but arise to enable humans to rationally "share" wisdom and innovations among members of their community or society. That is, immature children and people having physically or psychologically impaired brains, like insanity or coma, are not required to actively participate in the ideologies of religion, business and government. <u>Therefore the biological</u> and psychological aspects of consciousness and rational thinking are foundational and take priority over the ideologies of religion, business and government. Though not perfect, the goal of these ideologies collectively aim to rationally regulate the distribution of rights, justice, opportunities, food, land, security, health, money and so on for the wellbeing of humans within a society. With the advent of globalization, these ideologies seek to inspire and regulate humans to equitably share innovations and wisdom in a global society.

Therefore the ideologies of religion, business and government all operate on the premise of the "rational thinking" capability of humans and via the "conscious" mind. However these ideologies lack sufficient measures to ensure and secure this foundation of human consciousness and rational thinking. That is, though humans are born with the capability to rationally think, it is not automatically enabled through the process of biological maturity. Hence the conceptualization of the mentioned ideologies have ignored or assumed the automatic "enabling" of the capacities for consciousness and rational thinking. This faulty



assumption has somewhat created an environment of hypocrisy where irrational minds conflictingly attempt to use rational ideologies in an irrational manner. Jamaica is a relatively young independent country of 50 years, whose ideologies of religion, business and government reflect those of developed nations. However the contrastingly negative socio-economic results have often made Jamaicans feel unique and in need of an inherently different set of ideologies to support their way of life or culture.

Nevertheless, Jamaicans have a "lightening bolt" opportunity to create history by reshaping these global ideologies to "enable" rational thinking and take the necessary action to become the change they want to see. Yes, the success of Jamaica as a nation will establish a new paradigm world standard leading in the dominant aspirations of human life. That is, social cohesion, socio-economic autonomy and global integration powered by the wellness, joy, creativity, productivity and wealth of its people. A society transformed from socially using the formula and logics of DNA instincts and feelings to sustain deep-rooted social conflicts and declining local, regional and international socio-economic integration.

There is no requirement to upstage the ideologies of religion, business and government. Only to educate and socialize people to drop socially emphasizing feelings and use their conscious mind to rationally think and develop a system to effectively embrace consensus. The resolved Humanitarian Purpose may be implemented through a combination of topdown and bottom-up approaches. The participants of rational thinking will increasingly investigate, analyze and compose the requisite reforms to the ideologies of religion, business and government. Jamaica already has an existing network of schools, churches, businesses, voluntary and social organizations to facilitate distribution of this vision if promoted through a leadership of rational thinkers. Similar to a political campaign, we can use mass media marketing, town hall meetings and door to door campaigning to influence the attitudes and behaviors of participating constituents and communities. Awaken people to joy, creativity, innovation, integrity and excellence through something as simple as a "rational" day of WORK, physical exercise, health and charity.



## **APPENDIX: Vision, Links and References**

The overall vision of these articles is about:

## Fitting Survivalism into the Design of "Life". Not losing "Life" through Survivalism.

You may substitute the word "Survivalism" for any functional area of life, which may read: Fitting Work, Play, School, Church or Home into the Design of "Life". Not losing "Life" through Work, Play, School, Church or Home. Like merging all the areas and personas via one Life Vision.

This is a list of links and references:

- Emancipate Yourself from Mental Slavery Redemption Song by Bob Marley
- Instincts and Feelings behind the Delusion of The Pleasure Trap
  <u>The Pleasure Trap by Dr. Douglas Lisle at TEDxFremont</u>
- Once initiated Instincts and Feelings take over control above your Thinking or Conscious Mind Emotions by Prof. Antonio Damasio with The New York Times columnist David Brooks
- The Role of Emotions (Instincts and Feelings) at play in the Conscious Mind <u>Emotions link to Consciousness by Prof. Antonio Damasio</u>
- Does Believing in God Make You Dumb? Is Religion in the Pleasure Trap of Morality? <u>Religion versus Atheism by D-News at Discovery Communications</u>
- Why Do We Like Sad Songs? Can our selfish Instincts or Feelings find Pleasure in Pain? Sad Songs by D-News at Discovery Communications
- How Generosity works between the Conscious Mind and the Selfish Instincts and Feelings? <u>Generosity by D-News at Discovery Communications</u>
- Understanding the Brain helps Economists rebirth and sustain the Global Economy
   <u>Summary:</u> The human brain relies on three devices for its decisions: Emotional controls,
   Addictive learning, and Intellectual processing. Understanding the conditions under
   which the three devices are engaged is essential for conscious decision-making.
   <u>Human Decisions by Antonio Damasio at the Institute for New Economic Thinking</u>
- Critical Thinking is a Generic Model of Thinking used to teach and improve Rational Thinking <u>The Foundation for Critical Thinking</u> Also: <u>The Critical Thinking Channel</u>
- Read about <u>The Pleasure Trap of Fear</u> in the article The Business of Life.
   The Love Articles Index: <u>www.krysglobal.com/articles</u> Also: <u>Check us on Facebook</u>

This is a testament of our Love to all our family, friends, associates, neighbors and visitors.

Thank you for visiting this website: www.krysglobal.com

Best regards